



SUMMER MENU

WEEK 1

- Monday** Morning Tea - Crackers and seasonal fruit
Lunch - Black bean and rice
Afternoon Tea - Chocolate chip cookies and seasonal fruit
- Tuesday** Morning Tea - Mouse traps
Lunch - Chicken pasta bake
Afternoon Tea - Carrot and coconut slice and seasonal fruit
- Wednesday** Morning Tea - Mixed berry smoothie
Lunch - Shepherds Pie
Afternoon Tea - Apple and cinnamon muffins and seasonal fruit
- Thursday** Morning Tea - Vegetable, cracker and hummus platter
Lunch - Sandwich selection
Afternoon Tea - Oaty loaf and seasonal fruit
- Friday** Morning Tea - Bircher muesli
Lunch - Fish and chips and mixed vegetables
Afternoon Tea - No bake chocolate slice and seasonal fruit



WEEK 2

- Monday** Morning Tea - Crackers and seasonal fruit
Lunch - Butter chicken and rice
Afternoon Tea - Scones and seasonal fruit
- Tuesday** Morning Tea - Mouse traps
Lunch - Homemade pizza selection
Afternoon Tea - Fresh lemon loaf and seasonal fruit
- Wednesday** Morning Tea - Mixed berry smoothie
Lunch - Tuna pasta bake
Afternoon Tea - Munchkin bars and seasonal fruit
- Thursday** Morning Tea - Vegetable, cracker and hummus platter
Lunch - Vegetable Korma and rice
Afternoon Tea - Jelly and fruit salad
- Friday** Morning Tea - Bircher muesli
Lunch - Spaghetti and meatballs
Afternoon Tea - Vegan ginger slice and seasonal fruit



WEEK 3

- Monday** Morning Tea - Crackers and seasonal fruit
Lunch - Thai green chicken curry and rice
Afternoon Tea - Mixed spice biscuits and seasonal fruit
- Tuesday** Morning Tea - Mouse traps
Lunch - Tuna tagliatelle
Afternoon Tea - Banana bread and seasonal fruit
- Wednesday** Morning Tea - Mixed berry smoothie
Lunch - Chickpea tikka masala and rice
Afternoon Tea - Yoyos and seasonal fruit
- Thursday** Morning Tea - Vegetable, cracker and hummus platter
Lunch - Chicken wraps and salad
Afternoon Tea - Wheat-bix loaf and seasonal fruit
- Friday** Morning Tea - Bircher muesli
Lunch - Spaghetti Bolognaise
Afternoon Tea - Lemon muffin and season fruit



WEEK 4

- Monday** Morning Tea - Crackers and seasonal fruit
Lunch - Chicken meatballs and Summer salad
Afternoon Tea - Date and apple loaf and seasonal fruit
- Tuesday** Morning Tea - Mouse traps
Lunch - Savoury mince and rice
Afternoon Tea - Blueberry muffins and seasonal fruit
- Wednesday** Morning Tea - Mixed berry smoothie
Lunch - Smoked fish pie
Afternoon Tea - Flummery and fruit salad
- Thursday** Morning Tea - Vegetable, cracker and hummus platter
Lunch - Pumpkin and chickpea massamam curry and rice
Afternoon Tea - Orange biscuits
- Friday** Morning Tea - Bircher muesli
Lunch - Mac 'n' Cheese
Afternoon Tea - Banana bread and seasonal fruit